

- Do you often have to repeat yourself to be understood?
- Is your speech too fast or not fluent?
- Do you have trouble speaking loud enough to be heard?
- Does your voice feel tired at the end of the day?
- Have you felt that your voice seems too low or too high?

In one of our Voice Coaching and Presentation Programmes, you will learn the steps to master how to speak clearly and confidently.

[Click Here](#) to book your initial assessment.

## **Your Programme**

Voice coaching and presentation training begins with an analysis of your speech clarity and of how you are using your voice to indicate specific areas that need improving. Based on this an individual programme is put together.

Typically a voice coaching programme will cover some or all of the following:

- Vocal hygiene
- Diaphragmatic Breathing and Relaxation
- Optimal Pitch
- Resonance
- Pausing/Pacing
- Voice Projection
- Intonation and Stress (Making your voice more colourful and commanding)
- Clarity of speech
- Fluency

The training is incorporated into mini presentations with the aim of enhancing clarity and presentation skills.



## **Fees:**

Our charges are \$225.00 for each one hour appointment. A deposit of \$100.00 is required to confirm the booking.

In the case of a cancellation, this will be charged at 50% when less than 24 hours' notice is given. Missed appointments will be charged in full.

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## **What Past Clients Are Saying**

*"I used to speak very fast pronouncing words differently. I have learnt to pause, be confident and speak slowly. Customers are not asking me to repeat what I have said." - Angela*

*"I learned how to pronounce words [and] slow down when speaking." - Venkata*

*"I always had problems with speaking too fast and with a bit of a lisp. The improvement has been excellent!!!" - Nisha*

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We would love to work with you to achieve some significant results.

Kind regards

Alison Owen, Director

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